





Atopic Dermatitis

Differential Diagnosis Guide

	Example Image	Symptoms
<p>Atopic Dermatitis</p>		<p>Itch, Erythema, Scale, Papules, Excoriation, Lichenification</p> <p>Age-specific patterns</p> <ul style="list-style-type: none"> • Infants: face, neck, elbows, knees • Children: antecubital and popliteal fossae • Teens/Adults: fossae, eyelids, hands <p>Acute, chronic or relapsing</p>
<p>Scabies</p>		<p>Itch</p> <p>Hands, wrists, feet, ankles, axillae, umbilicus</p> <p>Infectious</p>
<p>Seborrheic dermatitis</p>		<p>Salmon pink, scaly rash</p> <p>Central face, central chest, and scalp</p> <p>“Cradle cap” in infants</p> <ul style="list-style-type: none"> • Can overlap with atopic dermatitis
<p>Contact dermatitis</p>		<p>Can be a primary condition or can coexist with AD</p> <p>Recurrence/persistence at fixed sites: [e.g. eyelids, feet (dorsum), face, dorsum of hands, under a wrist watch or associated jewelry or studs in clothing]</p> <p>Patch testing may be diagnostic</p>
<p>Psoriasis</p>		<p>Less itch than in AD</p> <p>Well-demarcated plaques</p>
<p>Other</p> <ul style="list-style-type: none"> • Ichthyoses • Cutaneous T-cell lymphoma • Photosensitivity dermatoses • Erythroderma of other causes 	<p>If in doubt, consult a dermatologist</p>	